



ABOUT PAULETTE INSALL

Regarded as a master colorist, Paulette Insall's lively, elegant paintings have a compelling take on contemporary abstraction imbued with southern sensibilities. Raised in Alabama, known as the Heart of Dixie, Insall has lived and worked in Portland, Oregon for the past 18 years. Her work is informed by color and forms found in nature and influenced by the work of painters Joan Mitchell and Claude Monet. With a style all her own, Insall is known worldwide for her vibrantly colored, expressive works. Infused with a sense of spirituality, Insall's work evokes an intimate experience of the eternal.



In hundreds of private and corporate collections worldwide, Insall's work has

become increasingly sought after by patrons. Recently several of her paintings were



acquired for the permanent corporate art collection at Memorial Sloan Kettering Cancer Center in Manhattan, New York. Her popularity is evident in her rapidly growing online following on Instagram, which at last count was over 43,000 followers and growing at lighting speed. She has been featured in several national and regional publications, exhibits her work at galleries across the United States, and partners with interior designers and art consultants to connect with clients in need of original artwork. Insall also sells her one of a kind paintings directly through her website and enjoys creating commissioned paintings for patrons.



ARTIST STATEMENT

I believe beauty is necessary, serving as an invitation to savor life and a way to experience a sense of the eternal. My intent is to make art that stirs the soul and connects us not only to the human experience, but also to what lies beyond our sight.

CREATIVE PROCESS

My creative process is about connection. My paintings are created through intuitive responses while engaged with the work. The process is completely organic and spontaneous. What emerges on the canvas is an internal language that is highly emotional and personal, yet at the same time universal. It speaks of places unseen, but at the same time comforting and familiar...like memories of a place we feel we have been before, but can't quite recall all the details of the experience.

My inspiration comes from the colors and forms found in nature. Living in the Pacific Northwest just outside of Portland, I am surrounded by a never ending wonderland of lush green forests and a bounty of colorful flora. Using color as language, my work is alive with emotion through the movement of the brushwork and the luscious layered colors. Much like memories, each painting is filled with layer upon layer of paint, building a rich history into each piece.

Echoes of Eden Acrylic Mixed Media on Canvas 20" x 24" 2016





WHAT PEOPLE ARE SAYING

"Paulette Insall's paintings manifest, with deep passion and sensitivity, an array of soothing emotions and pleasant experiences. Using an intuitive and expressive painting process, each vivid stroke transforms the canvas into a luscious colorful surface bringing a sense of joy and harmony to an otherwise imperfect world."

Sergio Gomez

Artist, Curator, Podcaster, Consultant and Creative Entrepreneur

"I enjoy the movement, color palettes and atmosphere in your paintings. They are refreshing. Thank you for bringing such hope and joy through color to the world. Color is definitely your instrument, and the way it dances across the canvas is contagious and brings freedom."

Angela Meijer

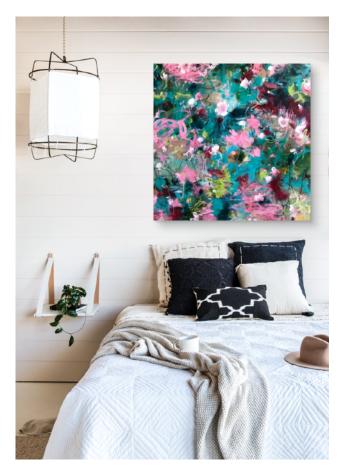
Artist

"With a keen eye for beauty, Paulette dips her brush into liquid joy, and spreads a soulsoothing visual feast."

Victoria Gaines

Writer

Joyful Beginnings Acrylic Mixed Media on Canvas 30" x 30" 2017





Now and Forever
Acrylic Mixed Media on Canvas
48" x 48"
2017



In All Time and Space
Acrylic Mixed Media on Canvas
36" x 36"
2017



A Closer Walk
Acrylic Mixed Media on Canvas
24" x 48"
2017



Promise
Acrylic Mixed Media on Canvas
48" x 48"
2016



Deeper than the Ocean Acrylic Mixed Media on Canvas 36" x 36" 2016



Joyous Beginnings Acrylic Mixed Media on Canvas 30" x 30" 2017



Holding Heaven Acrylic Mixed Media on Canvas 30" x 30" 2016



TriuneAcrylic Mixed Media on Canvas
30" x 48"
2016



CURRICULUM VITAE

EXHIBITIONS

2018 "Celebration of Creativity": Beaverton, OR (invited artist)

2018 The Gallery at Cerulean, January Exhibition: Portland, Oregon (two person show)

2017 The Bloom Project, selected artist: Portland, OR (group)

2017 33 Contemporary Gallery: Chicago, IL (group)

2016 J. Pepin Art Gallery: Portland, OR (group)

2016 J. Pepin Art Gallery: Portland, OR (featured)

2016 dk Gallery: Marietta, GA (group)

2016 LOCAL 14: Portland, OR (group)

2016 US Bank: West Linn, OR (group)

2016 503 Uncorked: Sherwood, OR (solo)

2016 Archer Vineyard: Newberg, OR (solo)

2016 La Vida Veggie: Beaverton, OR (solo)

2016 Beaumont Vision: Portland, OR (solo)

2016 NW Flex Space (group)

2015 Zuzu Salon & Gallery: Portland, OR (solo)

2015 Trudy's Living Room & Design Center: Wilsonville, OR (group)

2015 JoLa Cafe: Portland, OR (solo)

2013 Coldwell Banker: Newberg, OR (solo)

2012 US Bank: Tigard, OR (solo)

2012 Harvest - Portland, OR (group)

2012 Llewellyn Holiday Market - Portland, OR (group)

PUBLIC COLLECTIONS

Sloan Kettering Cancer Center: Manhattan, NY

AWARDS

2017 Showcase Winner ArtSlant Art Prize

PUBLICATIONS + PRESS

2017 The Culture Trip Favorite Emerging Contemporary Artists in Portland

2017 Rated Modern Art feature

2017 ACS Magazine Special Edition

2016 Saatchi Curated Collection for Charish

2016 ArtLoupe Featured Artist

2016 Art Food Home "Artist to Watch"

2015 Artsy Shark Featured Artist

2015 "Where Art Lives" magazine - Artwork featured

2014 "Cloth Paper Scissors" magazine blog

2013 Sprout Online Magazine #19: Seed of Delight - Featured artist: Thrive interview series

2012 She Magazine - cover artist

2011 "Art at the Speed of Life" by Pam Carriker - Featured artist, essay, and tutorial

2011 She Magazine - cover artist

2010 Skinny Artist "21 Artists to Watch in 2010"

2009 "Cloth Paper Scissors" magazine May/June issue

2008 "Exhibition 36: Mixed Media Demonstrations + Explorations" by Susan Tuttle

2008 "Indie Arts" - Issue 8

CONTACT INFO

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